

Double  
Bass

# Scale Mastery

for string orchestra

Ideas for Using Scale Mastery:

1. Play as written with a metronome.
2. Hold each tonic note for two beats, then proceed on beat one as written.
3. Select only a portion to play - don't start at the beginning.
4. Call out the key as you are holding tonic.
5. Play in altered rhythms. See below:

Rhythm 1: A sequence of six rhythmic patterns for scale mastery. Pattern 1 shows a quarter note followed by a dotted quarter note. Pattern 2 shows a quarter note followed by a dotted quarter note. Pattern 3 shows a quarter note followed by a dotted quarter note. Pattern 4 shows a quarter note followed by a dotted quarter note. Pattern 5 shows a quarter note followed by a dotted quarter note. Pattern 6 shows a quarter note followed by a dotted quarter note.

**C Major/a minor**

Scale mastery exercise for C Major/a minor in 4/4 time. The exercise consists of six measures of music. The first measure starts with a tonic note (C) held for two beats. The second measure starts with a tonic note (C) held for two beats. The third measure starts with a tonic note (C) held for two beats. The fourth measure starts with a tonic note (C) held for two beats. The fifth measure starts with a tonic note (C) held for two beats. The sixth measure starts with a tonic note (C) held for two beats. The exercise includes fingerings (1-2-4, 2-1, 0 1 2 0, 1 4 1 2, 0 -2 1 0, 2 1 0 2) and a key signature change to a minor key in the final measure.

**F Major/d minor**

Scale mastery exercise for F Major/d minor in 4/4 time. The exercise consists of six measures of music. The first measure starts with a tonic note (F) held for two beats. The second measure starts with a tonic note (F) held for two beats. The third measure starts with a tonic note (F) held for two beats. The fourth measure starts with a tonic note (F) held for two beats. The fifth measure starts with a tonic note (F) held for two beats. The sixth measure starts with a tonic note (F) held for two beats. The exercise includes fingerings (1 4 0 1, 4 0 2 4, 2 0 4 1, 0 4 1 0, 0 1 2 0, 1 4 1 2, 4 1 2 4, 1 4 2 0, 4 2 0 4) and a key signature change to a minor key in the final measure.

**B♭ Major/g minor**

Scale mastery exercise for B-flat Major/g minor in 4/4 time. The exercise consists of six measures of music. The first measure starts with a tonic note (B-flat) held for two beats. The second measure starts with a tonic note (B-flat) held for two beats. The third measure starts with a tonic note (B-flat) held for two beats. The fourth measure starts with a tonic note (B-flat) held for two beats. The fifth measure starts with a tonic note (B-flat) held for two beats. The sixth measure starts with a tonic note (B-flat) held for two beats. The exercise includes fingerings (1 4 0 1, 4 0 2 4, 2 0 4 1, 0 4 1 0, 4 0 1 4, 0 -1 4 0, 4 1 0 4, 1 0 4 1) and a key signature change to a minor key in the final measure.

**E♭ Major/c minor**

Scale mastery exercise for E-flat Major/c minor in 4/4 time. The exercise consists of six measures of music. The first measure starts with a tonic note (E-flat) held for two beats. The second measure starts with a tonic note (E-flat) held for two beats. The third measure starts with a tonic note (E-flat) held for two beats. The fourth measure starts with a tonic note (E-flat) held for two beats. The fifth measure starts with a tonic note (E-flat) held for two beats. The sixth measure starts with a tonic note (E-flat) held for two beats. The exercise includes fingerings (1 4 0 1, 1-1 4-2 4, 2 4 1-1, 0 4 1 0, 4 0 1 4, 0 2 -2 4, 1 0 4 1) and a key signature change to a minor key in the final measure.

**A♭ Major/f minor**

Scale mastery exercise for A-flat Major/f minor in 4/4 time. The exercise consists of six measures of music. The first measure starts with a tonic note (A-flat) held for two beats. The second measure starts with a tonic note (A-flat) held for two beats. The third measure starts with a tonic note (A-flat) held for two beats. The fourth measure starts with a tonic note (A-flat) held for two beats. The fifth measure starts with a tonic note (A-flat) held for two beats. The sixth measure starts with a tonic note (A-flat) held for two beats. The exercise includes fingerings (4 1 4 0, 1 4 0 1, 0 4 1 0, 4 1-4 2, -1-2 4-1, 4 0 2 4, 1 -4 2-1, -4 2-1-4) and a key signature change to a minor key in the final measure.

**D♭ Major/bb minor**

Scale mastery exercise for D-flat Major/bb minor in 4/4 time. The exercise consists of six measures of music. The first measure starts with a tonic note (D-flat) held for two beats. The second measure starts with a tonic note (D-flat) held for two beats. The third measure starts with a tonic note (D-flat) held for two beats. The fourth measure starts with a tonic note (D-flat) held for two beats. The fifth measure starts with a tonic note (D-flat) held for two beats. The sixth measure starts with a tonic note (D-flat) held for two beats. The exercise includes fingerings (4-1-2 4-1 4-2 4, 2-4 1-4 2-1-4 2, -1-2 4-1, 4 0 2 4, 1 4 2-1, -4 2-1-4) and a key signature change to a minor key in the final measure.

# Scale Mastery

## 2 **F# Major/d# minor** (enharmonic to G $\flat$ Major/e $\flat$ minor)

25

1 4-1 2-1 4-1 2, 1 4 1 2, 1 4 1-1, 1-2 4-1-1, 4 -2 4, (#) 1 -4 2-1-4 2-1-4

## **B Major/g# minor**

29

1 4-1 1, 4-1-2 4, 2-1-4 1-, 1-4 1-1, 4-1-1 4, -1 4 2 4, 1 -2 1-4 1-1-4 1

## **E Major/c# minor**

33

0 1 4 0, 1 4-1 2, 1-4 1 0, 4 1 0 4, 4-1 2-4-1, 4 -2 4, 1 -2 1-4- 2 1-4 1

## **A Major/f# minor**

37

4-1 2, 1-4, 1 4 0 1, 4 -1 -2 4, 1 0 4 1, 0 4 1 0

## **D Major/b minor**

41

4-2 4, 2-4, 1 4 0 1, 4 -1 -2 4, 1 0-4 1, 0 4 1 0

## **G Major/e minor**

45

4 -1 2, 0 -2 1

## **Home!**

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1 -2 4, 2 -1